

**Дерматология
Фицпатрика в
клинической практике**

Fitzpatrick's Dermatology General Medicine

Eighth Edition

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СОДЕРЖАНИЕ

Соавторы	ix
Предисловие	xxii
Предисловие к второму русскому изданию	xxiii

Том второй

ЧАСТЬ 4 РАССТРОЙСТВА, СВЯЗАННЫЕ С ВОЗДЕЙСТВИЕМ ОКРУЖАЮЩЕЙ СРЕДЫ

РАЗДЕЛ 16. РАССТРОЙСТВА, ВЫЗВАННЫЕ УЛЬТРАФИОЛЕТОВЫМ ИЗЛУЧЕНИЕМ

- 90** Основы фотобиологии и фотоиммунологии кожи..... 1145
Irene E. Kochevar, PhD, Charles R. Taylor, MD и Jean Krutmann, MD
- 91** Патологические реакции на ультрафиолетовое излучение: идиопатические, вероятно, иммунологические и фотоиндуцированные . 1165
Travis W. Vandergriff, MD и Paul R. Bergstresser, MD
- 92** Патологические реакции на ультрафиолетовое излучение: фоточувствительность к экзогенным факторам 1184
Henry W. Lim, MD

РАЗДЕЛ 17. ИЗМЕНЕНИЯ КОЖИ, ВЫЗВАННЫЕ ВОЗДЕЙСТВИЕМ ФИЗИЧЕСКИХ И ХИМИЧЕСКИХ ФАКТОРОВ

- 93** Терморегуляция 1194
Dean L. Kellogg, Jr., MD, PhD
- 94** Отморожения 1199
Gérald E. Piérard, MD, PhD, Pascale Quatresooz, MD, PhD и Claudine Piérard-Franchimont, MD, PhD

- 95** Ожоги 1210
Robert L. Sheridan, MD
- 96** Дерматологические расстройства у пациентов с ампутированными конечностями 1216
Calum C. Lyon, MA, FRCP и Michael H. Beck, FRCP, MBChB
- 97** Кожные проблемы у пациентов со стомами 1226
Calum C. Lyon, MA, FRCP и Michael H. Beck, FRCP, MBChB
- 98** Натоптыши и мозоли 1233
Thomas M. DeLauro, DPM и Nicole M. DeLauro, DPM
- 99** Спортивная дерматология 1237
Dirk M. Elston, MD
- 100** Декубитальные язвы (пролежни) 1244
Jennifer G. Powers, MD, Lillian Odo, MD и Tania J. Phillips, MD, FRCP, FRCPC
- 101** Боди арт 1252
Anne Laumann, MBChB, MRCP(UK), FAAD

ЧАСТЬ 5 НЕЙРО- И ПСИХО-ДЕРМАТОЛОГИЧЕСКИЕ АСПЕКТЫ БОЛЕЗНЕЙ КОЖИ

РАЗДЕЛ 18. НЕЙРО- И ПСИХОДЕРМАТОЛОГИЧЕСКИЕ ЗАБОЛЕВАНИЯ

- 102** Нейробиология кожи 1261
Martin Steinhoff, MD, PhD и Thomas A. Luger, MD
- 103** Патофизиология и клинические аспекты зуда 1271
Gil Yosipovitch, MD и Tejesh S. Patel, MBBS (Lon), BSc (Hons)

- 104** Психосоматические кожные заболевания 1284
Evan Rieder, MD u Francisco A. Tausk, MD
- 105** Кожные проявления при употреблении наркотиков 1293
Haley Naik, MD u Richard Allen Johnson, MDCM
- 106** Кожные признаки физического насилия 1306
Howard B. Pride, MD

ЧАСТЬ 6 ИЗМЕНЕНИЯ КОЖИ В ТЕЧЕНИЕ ЖИЗНИ

РАЗДЕЛ 19. ОТ РОЖДЕНИЯ ДО СМЕРТИ

- 107** Неонатальная, детская и подростковая дерматология 1315
Mary Wu Chang, MD
- 108** Изменения и заболевания кожи при беременности 1336
Julie K. Karen, MD u Miriam Keltz Pomeranz, MD
- 109** Старение кожи 1346
Mina Yaar, MD u Barbara A. Gilchrest, MD
- 115** Базальноклеточный рак 1438
John A. Carucci, MD, PhD, David J. Leffell, MD u Julia S. Pettersen, MD
- 116** Синдром базальноклеточного невуса 1448
Anthony E. Oro, MD, PhD u Jean Y. Tang, MD, PhD
- 117** Кератоакантома 1457
Lorenzo Cerroni, MD u Helmut Kerl, MD
- 118** Доброкачественные эпителиальные опухоли, гамартромы и гиперплазии 1464
Valencia D. Thomas, MD, Nicholas R. Snavey, MD, Ken K. Lee, MD u Neil A. Swanson, MD
- 119** Опухоли и гамартромы придаточных образований кожи 1483
Divya Srivastava, MD u R. Stan Taylor, MD
- 120** Карцинома из клеток Меркеля 1511
Andrew Tegeder, MS, Olga Afanasiev, BA u Paul Nghiem, MD, PhD
- 121** Болезнь Педжета 1520
Sherrif F. Ibrahim, MD, PhD, Roy C. Grekin, MD u Isaac M. Neuhaus, MD

ЧАСТЬ 7 НОВООБРАЗОВАНИЯ

РАЗДЕЛ 20. КАНЦЕРОГЕНЕЗ

- 110** Нестабильность генома, репарация ДНК и рак 1363
Thomas M. Rünger, MD, PhD u Kenneth H. Kraemer, MD
- 111** Химический канцерогенез 1376
Adam B. Glick, PhD u Andrzej A. Dlugosz, MD
- 112** Канцерогенез вследствие ультрафиолетового облучения 1389
JMasaaki Kawasumi, MD, PhD u Paul Nghiem, MD, PhD
- 122** Доброкачественные новообразования и гиперплазия меланоцитов 1527
James M. Grichnik, MD, PhD, Arthur R. Rhodes, MD, MPH u Arthur J. Sober, MD
- 123** Атипичные (диспластические) меланоцитарные невусы 1562
James M. Grichnik, MD, PhD u Margaret A. Tucker, MD
- 124** Меланома кожи 1568
Evans C. Bailey, MD, PhD, Arthur J. Sober, MD, Hensin Tsao, MD, PhD, Martin C. Mihm Jr, MD, FACP u Timothy M. Johnson, MD

РАЗДЕЛ 21. ОПУХОЛИ ЭПИДЕРМИСА И ПРИДАТКОВ КОЖИ

- 113** Эпителиальные предраковые образования . . . 1401
Karynne O. Duncan, MD, John K. Geisse, MD u David J. Leffell, MD
- 114** Плоскоклеточный рак 1425
Douglas Grossman, MD, PhD u David J. Leffell, MD

РАЗДЕЛ 22. МЕЛАНОЦИТАРНЫЕ ОПУХОЛИ

РАЗДЕЛ 23. ОПУХОЛИ И ГИПЕРПЛАЗИИ ДЕРМЫ И ПОДКОЖНО-ЖИРОВОЙ КЛЕТЧАТКИ

- 125** Злокачественные фиброзные, фиброгистиоцитарные и гистиоцитарные опухоли дермы 1601
Jürgen C. Becker, MD, PhD, Bernadette Liegl-Atzwanger, MD u Selma Ugurel, MD

- 126** Сосудистые опухоли 1613
Erin F. Mathes, MD u Ilona J. Frieden, MD
- 127** Неоплазии и гиперплазии мышечной и нервной тканей 1629
Lucile E. White, MD, Ross M. Levy, MD u Murad Alam, MD, MSci
- 128** Саркома Капоши и ангиосаркома 1641
Erwin Tschachler, MD
- 129** Новообразования подкожно-жировой клетчатки 1650
Thomas Brenn, MD, PhD, FRCPath
- 139** Наследственные заболевания, связанные с нестабильностью генома и репарацией ДНК 1829
Thomas M. Rünger, MD, PhD, John J. DiGiovanna, MD u Kenneth H. Kraemer, MD
- 140** Туберозный склероз 1848
Thomas N. Darling, MD, PhD
- 141** Нейрофиброматозы 1857
Robert Listernick, MD & Joel Charrow, MD
- 142** Эктодермальные дисплазии 1869
Alanna F. Bree, MD, Nnenna Agim, MD u Virginia P. Sybert, MD

ЧАСТЬ 8 ПОРАЖЕНИЕ КОЖИ ПРИ СИСТЕМНЫХ ЗАБОЛЕВАНИЯХ

РАЗДЕЛ 24. ПОРАЖЕНИЕ КОЖИ ПРИ АЛИМЕНТАРНЫХ, МЕТАБОЛИЧЕСКИХ И НАСЛЕДСТВЕННЫХ ЗАБОЛЕВАНИЯХ

- 130** Поражение кожи при алиментарных заболеваниях 1661
Melinda Jen, MD u Albert C. Yan, MD
- 131** Поражение кожи при нарушениях обмена аминокислот 1691
Peter H. Itin, MD
- 132** Порфирии 1705
David R. Bickers, MD u Jorge Frank, MD, PhD
- 133** Поражение кожи при амилоидозе 1743
Helen J. Lachmann, MD, FRCP u Philip N. Hawkins, PhD, FRCP, FRCPath, FMedSci
- 134** Системные аутовоспалительные заболевания 1754
Chyi-Chia Richard Lee, MD, PhD u Raphaela Goldbach-Mansky, MD, MHS
- 135** Ксантомагтозы и нарушение обмена липопротеинов 1770
Ernst J. Schaefer, MD u Raul D. Santos, MD, PhD
- 136** Болезнь Фабри 1784
Atul B. Mehta, MD, FRCP, FRCPath u Catherine H. Orteu, MBBS, BSc, MD, FRCP
- 137** Липоидный протеиноз и врожденные заболевания соединительной ткани 1795
Jonathan A. Dyer, MD
- 138** Минерализация и оссификация кожи 1823
Janet A. Fairley, MD

РАЗДЕЛ 25. КОЖНЫЕ ПРОЯВЛЕНИЯ ЗАБОЛЕВАНИЙ КОСТНОГО МОЗГА И КРОВИ

- 144** Гематологические заболевания 1908
Warren W. Piette, MD
- 145** Лимфома кожи 1928
Marc Beyer, MD u Wolfram Sterry, Prof. Dr.
- 146** Воспалительные заболевания, имитирующие лимфомы: кожные псевдолимфомы 1951
Gary S. Wood, MD
- 147** Гистиоцитоз из клеток Лангерганса 1967
Carlo Gelmetti, MD
- 148** Нелангергансоклеточный гистиоцитоз 1981
Carlo Gelmetti, MD
- 149** Мастоцитоз 1995
Michael D. Tharp, MD

РАЗДЕЛ 26. КОЖНЫЕ ПРОЯВЛЕНИЯ ЗАБОЛЕВАНИЙ ВНУТРЕННИХ ОРГАНОВ

- 150** Кожа и заболевания желудочно-кишечного тракта, гепатобилиарной системы, почек, сердца и легких 2006
Graham A. Johnston, MBChB, FRCP u Robin A.C. Graham-Brown, BSc, MB, FRCP, FRCPC
- 151** Сахарный диабет и другие эндокринные заболевания 2028
Andrea A. Kalus, MD, Andy J. Chien, MD, PhD u John E. Olerud, MD

- 152** Саркоидоз. 2060
*Richard M. Marchell, MD, Bruce Thiers, MD u
Marc A. Judson, MD*
- 153** Кожные симптомы злокачественных
опухолей внутренних органов: кожные
паранеопластические синдромы 2072
*Christine A. DeWitt, MD
Lucinda S. Buescher, MD u
Stephen P. Stone, MD*
- РАЗДЕЛ 27. ИЗМЕНЕНИЯ КОЖИ
ПРИ ЗАБОЛЕВАНИЯХ СОСУДОВ,
СОЕДИНИТЕЛЬНОЙ ТКАНИ
И АУТОИМУННЫХ РАССТРОЙСТВАХ**
- 154** Механизмы аутоиммунных заболеваний. 2096
Insoo Kang, MD u Joseph Craft, MD
- 155** Системная красная волчанка. 2104
*Melissa I. Costner, MD u
Richard D. Sontheimer, MD*
- 156** Дерматомиозит 2123
*Richard D. Sontheimer, MD,
Christopher B. Hansen, MD u
Melissa I. Costner, MD*
- 157** Склеродермия 2141
*P. Moinzadeh, MD,
Christopher P. Denton, PhD, FRCP, T. Krieg, MD u
Carol M. Black, MD, FRCP, FMedSci*
- 158** Склередема и склеромикседема. 2157
*Roger H. Weenig, MD, MPH u
Mark R. Pittelkow, MD*
- 159** Рецидивирующий полихондрит. 2162
Camille Francès, MD
- 160** Ревматоидный артрит, ревматическая
лихорадка и подагра. 2166
Warren W. Piette, MD
- 161** Синдром Шегрена 2178
*Gabor Illei, MD, PhD, MHS u
Stamatina Danielides, MD*
- РАЗДЕЛ 28. КОЖА ПРИ
ВОСПАЛИТЕЛЬНЫХ И ДРУГИХ
СОСУДИСТЫХ ЗАБОЛЕВАНИЯХ**
- 162** Эндотелий при воспалении и ангиогенез 2189
*Peter Petzelbauer, MD, Robert Loewe, MD u
Jordan S. Pober, MD, PhD*
- 163** Кожный некротизирующий васкулит. 2207
Nicholas A. Soter, MD
- 164** Системный некротизирующий васкулит. 2217
*Peter A. Merkel, MD, MPH u
Paul A. Monach, MD, PhD*
- 165** Стойкая возвышающаяся эритема 2235
*Nneka I. Comfere, MD u
Lawrence E. Gibson, MD*
- 166** Болезнь Адамантиадиса–Бехчета 2239
Christos C. Zouboulis, MD, PhD
- 167** Болезнь Кавасаки 2249
Anne H. Rowley, MD
- 168** Дерматозы с картиной пигментной
пурпуры 2257
*Theresa Schroeder Devere, MD u
Anisha B. Patel, MD*
- 169** Криоглобулинемия и криофириногенемия. 2263
*Holger Schmid, MD, MSc PD u
Gerald S. Braun, MD*
- 170** Синдром Рейно 2274
John H. Klippel, MD
- 171** Злокачественный атрофический папулез. 2281
Dan Lipsker, MD, PhD
- 172** Сосудистые мальформации. 2286
*Laurence M. Boon, MD, PhD u
Miikka Vakkula, MD, PhD*
- 173** Изменения кожи при поражении
периферических артериальных сосудов. 2306
*Veerendra Chadachan, MD
Steven M. Dean, DO, FACP, RPVI u
Robert T. Eberhardt, MD, FACC, FSVM, RPVI*
- 174** Изменения кожи при венозной и
лимфатической недостаточности. 2324
*Craig N. Burkhart, MD, Chris Adigun, MD u
Claude S. Burton, MD*

СОАВТОРЫ

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ПРЕДИСЛОВИЕ

Новые сведения способствуют прогрессу медицины, повышая качество оказания медицинской помощи пациентам. Бурный рост научных знаний о заболеваниях и биологии кожи обуславливает своевременность публикации восьмого издания *Fitzpatrick's Dermatology in General Medicine (DIGM)*. Сорок лет назад первое издание «Фиц» явилось насыщенным учебным пособием, предназначенным обеспечить всеобъемлющие знания по дерматологии. Актуальность дерматологии для клинической практики и фундаментальные научные принципы специальности послужили определяющими моментами нового текста. Данное издание, задуманное как доступное и «читабельное» для всех увлеченных клинической и научной дерматологией, более чем когда-либо закрепляет те, ранее поставленные цели. Это руководство также подчеркивает значимость дерматологии для внутренних болезней и других терапевтических и хирургических дисциплин. Оно написано как для опытных клиницистов и биологов-дерматологов, так и для тех, кто только находится в процессе обучения.

Стремительное накопление новых сведений, актуальных для дерматологии и биологии кожи, заставило значительно пересмотреть написанные ранее и добавить новые главы, касающиеся глобального (всеобщего) дерматологического здоровья, этнических и расовых со-

ображений относительно здоровой и пораженной кожи, а также изучения стволовых клеток. Также значительно расширены разделы, посвященные медикаментозному и хирургическому лечению, что отражает возрастающую важность дерматологических процедур и манипуляций.

Примерно двадцать процентов глав написано с привлечением экспертных знаний новых авторов. Эти авторы привнесли современные точки зрения и гарантии, что содержание книги останется свежим и полным жизненной силы. Пересмотр схематических представлений клинических и фундаментальных научных механизмов, также как алгоритмов клинической помощи обеспечит быструю интуитивную «навигацию» при сохранении точности и важных деталей. В это издание включены дополнительные клинические изображения и новые таблицы, позволяющие бегло просмотреть ключевые моменты каждой главы. Наконец, части книги обозначены различными цветами, что позволит Читателю легко найти интересующие его разделы. Проверенная, хорошо обобщенная и критически интерпретированная информация необходима для лечения пациентов, предотвращения заболеваний кожи и прогресса биологии кожи. Редакторы этого восьмого издания *DIGM*, работая над оригинальным текстом, стремились достичь именно этой цели.

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ПРЕДИСЛОВИЕ К ВТОРОМУ РУССКОМУ ИЗДАНИЮ

Глубокоуважаемые коллеги!

Вы держите в руках новое издание книги «Дерматология Фицпатрика в клинической практике». Мы, как редакторы этого фундаментального труда с большим удовольствием представляем крайне ожидаемую и, безусловно, уникальную книгу.

Успешность «Дерматологии Фицпатрика» в целом подкрепляют продолжающие появляться его переиздания как за рубежом, так — как вот и теперь — у нас в стране. Можно сказать, что сейчас эта концептуальная книга имеет новое лицо и в значительной степени усовершенствованное содержание, в полной мере отвечающее реалиям медицинской науки и практики по всему миру. Безусловно, за этим вновь стоит огромная кропотливая работа переводчиков, коллектива научных консультантов и издателя. Все они заслуживают отдельных слов благодарности.

Перевод этого масштабного фундаментального труда на русский язык позволил нашим коллегам прикоснуться к действительному научно-практическому эталону в нашей специальности. Прорывные открытия и внедрение новых технологий в современной дерматологии лавинообразно нарастают. Человечество вплотную приблизилось к созданию искусственной кожи; сделаны существенные шаги в инновационном лечении ранее инкурабельных опухолей, практически разгаданы ключевые механизмы ряда иммуно-воспалительных дерматозов, разрабатываются новые средства для купирования зуда нестероидной природы и др. С успехом развертывается дальнейшая интеграция с другими областями медицины: сегодня отчетливо ясно, что современному врачу-дерматовенерологу не обойтись без глубоких знаний медицинской генетики, молекулярной

биологии, патоморфологии, бактериологии, иммунологии, внутренних болезней, педиатрии, ангиологии, эндокринологии, ревматологии, психосоматики, эстетической медицины, гинекологии, андрологии. И такую потребность обновленная «Дерматология Фицпатрика в клинической практике» полностью удовлетворяет.

Поколения клиницистов, ученых, преподавателей и студентов расценивали и продолжают расценивать «Дерматологию Фицпатрика» как самое авторитетное и полное руководство по фундаментальным наукам и клинике, диагностике и лечению в дерматологии. Отличительной чертой этого безусловного бренда является академичность текста, а также, можно сказать, его «пластичность» в отражении всех последних нововведений в нашей специальности.

Таким образом, самые актуальные, самые современные сведения, в то же время базирующиеся на классической основе, обеспечивают Руководству «долгую жизнь» и отдельное место на рабочем столе врача. При редактировании книги у нас, как у ответственных редакторов, сложилось впечатление, что мы держим в руках не только исключительное по своей значимости Руководство по дерматологии, но и Руководство по внутренним болезням, онкологии, генетике, иммунологии, хирургии, педиатрии, стоматологии и другим специальностям. Особо хотим отметить, что в подготовке настоящего восьмого издания приняло участие более 500 всемирно признанных экспертов. Основательно переработано и дополнено, а где-то полностью переписано заново более четверти содержания предыдущего издания книг. Ультрасовременный текст дополняют более чем 3000 великолепных фотографий; усовершенствованы главы,

посвященные биологии кожи, основам дерматологической диагностики, анализу коморбидных соотношений, а также акне, псориазу, опухолям кожи и др. Надеемся, что эта особенность (по сути энциклопедичность) настоящего труда послужит его широкому распространению среди врачей смежных специальностей.

Несмотря на то, что при подготовке настоящего издания предсказуемо возникали определенные сложности из-за различий в российских и зарубежных классификациях, патогенетических подходах, клинической

трактовке, принципах терапии, в вопросах дерматологической семиотики, мы старались найти компромиссные решения, приемлемые для профессионального сообщества нашей страны, основываясь на позиции лучших отечественных научных школ.

Не сомневаемся, что детально написанные главы, вызовут у наших дорогих Коллег особый интерес. Искренне надеемся, что трехтомник второго издания «Дерматологии Фицпатрика в клинической практике» станет настольной книгой для российских врачей на многие годы.

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